

Inclusive horizons: An initiative to transform parental engagement in the NICU by centering concepts of equality, diversity and inclusivity



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Aim

- **Elevate Family Integrated Care** (FiCare) and improve outcomes for neonatal patients by implementing change as individuals, a unit and a specialty.
- Using concepts of Equality, Diversity, and Inclusion(EDI), investigate cultural safety, trauma-informed care, and diverse strategies to confront and diminish disparities in neonatal care.

Background

Equality, Diversity, and Inclusion (EDI) is crucial in today's diverse healthcare setting.

- > Inclusive Family Engagement: active involvement of diverse families, respecting various family structures, backgrounds and preferences.
- Cultural Sensitivity: Integrate cultural sensitivity into FiCare, respecting cultural nuances and family traditions.
- Equality in Support System: ensuring all families have equal access to resources and assistance in NICU.

PDSA Cycle 1

- Assess and revise unit images, symbols, language, and staff practices to guarantee that the NICU embodies equality, diversity, and inclusivity in delivering clinical care.
- **Determine priorities for NICU** FiCare by aligning them with concepts of Equality, Diversity, and Inclusion (EDI).
- working environment in NICU. **Establish FiCare Committee with** representation from a variety of specialties

Foster a psychological safe

- Parent volunteers
- Nursing staff Physicians
- **Registered Respiratory Therapists**
- **Occupational Therapists**
- **Pharmacists**
- **Social workers** Spiritual health
- professionals
- Bioethics experts

Regularly gather and document feedback and evaluations from the FiCare Service. and Cultural Safety Committees.

- Evaluate, enhance, and broaden initiatives in response to ongoing feedback and evaluations.
- Obtain insights from staff concerns, family issues, and messages from parents.

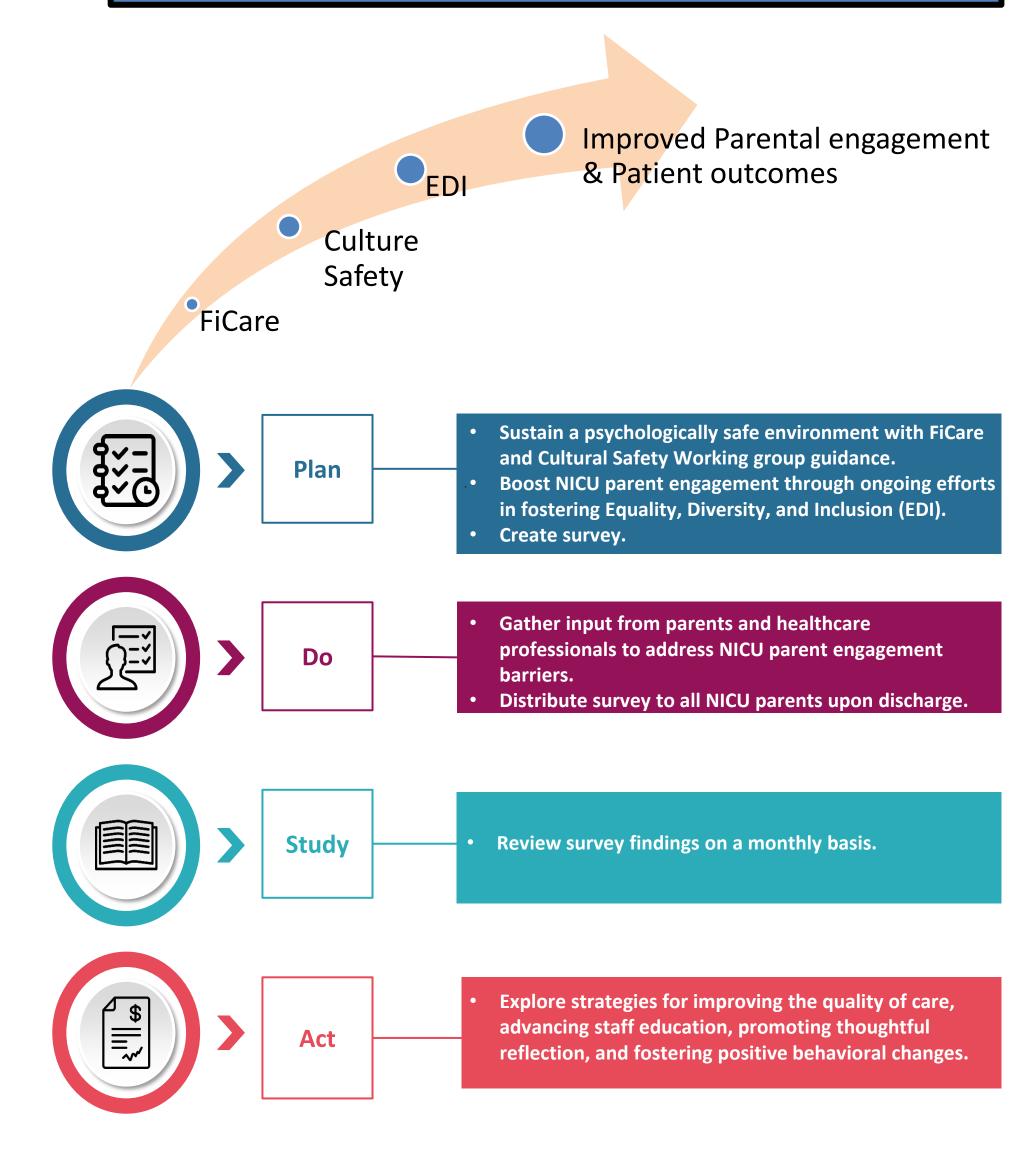
2015: Establishment of FiCare & parent group with support of **Regional Indigenous Health**

2018:Implementation of Staff education. **2022:Establishment of Cultural Safety** Working Group, Leadership participation in **Cultural Safety training,** Policy enhancements, **Unit Initiatives: International**

National Indigenous People Day. 2023:Merging of FiCare and Cultural Safety working group: Implement EDI in all activities.

Multiculturalism Day,

PDSA Cycle (in progress)



Conclusion/ Next Steps

PDSA Cycle 1 (Achieved & Ongoing)

- The Equality, Diversity, and Inclusivity (EDI) approach promotes healthcare professionals speaking up when suboptimal care is identified.
- The EDI approach actively involves parents, fostering a sense of belonging rather than merely inviting them in or considering them as visitors. It makes parents an equal, if not most important member of the healthcare team.
- Identified FiCare priorities include ensuring consistency in care across providers (nurses, doctors, etc.) and promoting high-quality communication between healthcare professionals and caregivers.
- Recognizing that there is no 'one size fits all' for NICU families, the approach emphasizes addressing individual family needs and continuously assessing where they are in their journey.

PDSA Cycle (In progress)

- Evaluate staff concerns and constructive feedback from parents.
- Based on PDSA Cycle 1 findings, create a comprehensive survey targeting priorities for enhancing parent engagement and improving patient outcomes.
- Educate healthcare professionals and instigate behavioral changes in the delivery of care within the NICU.
- Reflect on ways to enhance care, staff education, reflective practices, and behavioral changes.