The Merge of Family Newborn Care Unit and Neonatal Intensive Care **Unit: COUPLET CARE**

FNCU





IWK Health, Halifax, Canada

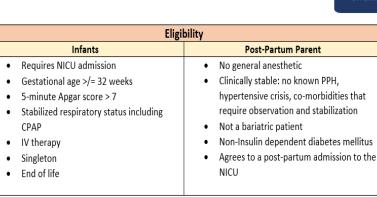
Global Aim: To enhance health outcomes of infants and their postpartum parents by maintaining togetherness when a NICU admission is necessary

NICU



COUPLET CARE





Specific Aim:

To implement

couplet care

ensuring

togetherness

between

postpartum parents

and their infants

admitted to NICU

starting October

2022

Primary Drivers

(We need to ensure)

to infants in the NICU

without separation from

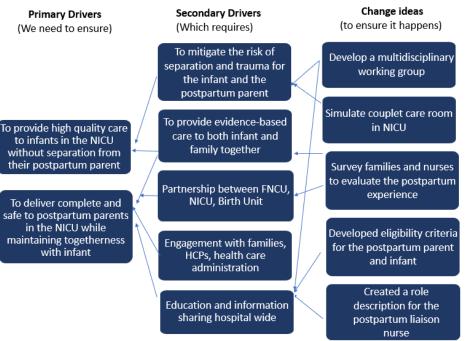
their postpartum parent

To deliver complete and

in the NICU while

maintaining togetherness

with infant





■ Pre-Couplet Care ■ Post-Couplet Care

Next Steps:

Family Survey Pre- and Post-Couplet Care

- Continued promotion of couplet care
 - Improved access
- Mitigate barriers (staff shortage, room availability,

Special acknowledgement to the Always Together, Neurodevelopmental Care, and Nursing council committees, the Birth Unit, FNCU, and NICU teams. Contact: gail.macrae@iwk.nshealth.ca